



# “You’re the One That I Want”

GWR – 143

Called by:

Rick Hampton and Shauna Kaaria  
RickHampton.Net/ShaugaKaaria.com

Opener

## Sides Face Grand Square

(Danny) I got chills, they're multiplyin', and I'm losin' control  
'Cause the power you're supplyin', it's electrifyin' **Allemande & Weave**  
(Sandy) You better shape up, 'cause I need a man, and my heart is set on you  
You better shape up, you better understand, to my heart I must be true  
(Danny) Nothing left, nothing left for me to do.

Figures

Head(Sides) **Promenade** you go about **halfway**, down the  
middle **Pass the Ocean** for me, **Extend**,  
**Swing Thru** tonight, **Spin the Top** my friend, the  
boy move up & a **Right & Left Thru** and you turn that girl  
**Square thru three**, three hands you go,  
**Swing** that girl and **Promenade**  
(Sandy) You better shape up, you better understand, to my heart I must be true  
(Danny) Nothing left, nothing left for me to do

Middle Break

## Side Face Grand Square

(Sandy) If you're filled with affection, you're too shy to convey  
Meditate my direction, feel your way **Allemande Left & Weave**  
(Danny) I better shape up, 'cause you need a man  
(Sandy) I need a man, who can keep me satisfied  
(Danny) I better shape up, if I'm gonna prove, (Sandy) You better prove, that my  
faith is justified (Danny) are you sure? (Both) Yes, I'm sure down deep inside.

Closer

## Sides Face Grand Square

(Both)

You're the one that I want (you are the one I want), ooh ooh ooh, honey  
The one that I want (you are the one I want), ooh ooh ooh, honey  
The one that I want (you are the one I want), ooh ooh ooh  
The one I need (the one I need), oh yes indeed, **Allemande & Weave**  
You're the one that I want (you are the one I want), ooh ooh ooh, honey  
The one that I want (you are the one I want), ooh ooh ooh, honey  
The one that I want (you are the one I want), ooh ooh ooh  
The one I need (the one I need), oh yes indeed.

Tag  
You're the one that I want!

Music recorded at Jimmy Mac Productions-Ventura CA  
Jim MacDonald- Engineer and Bandleader-Music arranged by Shauna Kaaria-Courtesy of CHIC  
Recordings

Gold Wing Records are produced by  
Rick Hampton and Rod Shuping  
[www.FineTuneGoldWingMusic.com](http://www.FineTuneGoldWingMusic.com)  
<https://www.facebook.com/FineTuneGoldWing>

---