



FT – 199

"Have You Never Been Mellow"

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(OPENER)

OPENER:

SIDES FACE GRAND SQUARE

There was a time when I was in a hurry as you are

I was like you

Alamande and weave

Now I don't mean to make you frown

No, I just want you to slow down.

FIGURE:

Heads/Sides promenade it's halfway 'round,

Down the middle square through four,

All the way, veer left with a Ferris wheel.

Double pass through, leaders trade

Swing, promenade.

I only want you to slow down.

MIDDLE AND END BREAK:

SIDES FACE, GRAND SQUARE

Have you never been mellow?

Have you never tried to find a comfort from inside

Alamande and weave
Have you never been happy just to hear your song?
Have you never let someone else be strong?

Tag: Four Ladies chain over and back

Music recorded at Jimmy Mac Productions-Ventura CA
Jim MacDonald- Engineer and Bandleader-Music arranged Rick and
Jimmy Mac

Gold Wing Records are produced by
Rick Hampton and Rod Shuping

www.FineTuneGoldWingMusic.com
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