



FT – 200

**“Oh My My”
Our 100th Release**

Called by: Rick Hampton

www.RickHampton.net

559-909-1232

Opener

Sides Face Grand Square

I Phoned Up My Doctor to See What's the Matter,
He Said Come on Over, I said Do I Have To?
My knees started shaking, my wrist started aching

Allemande Your Corner, Weave the Ring

And He Said, Oh My My, Oh My My
Can You boogie, can you slide, **Swing Her**
Oh My My, Oh My My it's guaranteed to keep you alive

Figures

Heads (Sides)

Promenade Halfway Around, Come down the middle
and **Square Thru 4** hands around, all the way
Then go **Right and Left Thru, Pass Thru** and **Trade By**
Touch ¼, Scootback and Then **ScootBack** again
Your Corner Swing and Promenade

Oh My My, Oh My My it's guaranteed to keep you alive

Middle Break

Sides Face Grand Square

The Head Nurse She Blew In, Just Like a Tornado, When They
Started Dancing
I Jumped Off The Table, I Felt My Self-Healing and As I was Leaving
Allemande the Corner and Weave the Ring and they said
Oh My My, Oh My My, Watch me boogie, watch me fly
Oh My My, Oh My My it's guaranteed to keep you alive

Closer

Sides Face Grand Square

Hey, If You should Slow Down, You're Feeling Low Down,
Don't Call Up Your Doctor, Just Get You a Partner, It's What you've
been missing

I've Got Your Prescription, That Boogie Woogie Remedy, **Allemande
And Weave**

Oh My My, Oh My My, Watch me boogie, watch me fly
Oh My My, Oh My My it's guaranteed to keep you alive

Instrumental Tag

Music recorded at Jimmy Mac Productions-Ventura CA
Jim MacDonald- Engineer and Bandleader-Music arranged by Rick and Jimmy
Thanks to CHIC RECORDINGS for Shauna Kaaria's Backgrounds
Fine Tune, Gold Wing and Sharpshooter Music
www.FineTuneGoldWingMusic.com
<https://www.facebook.com/FineTuneGoldWing>